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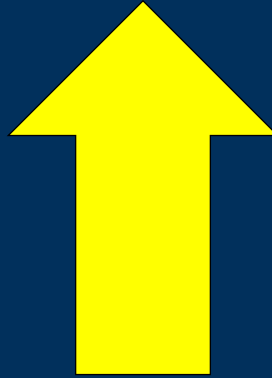
ESIC JUMBO CLASS (40 Marks)

CET

Microbiology

Biochemistry

Administration



Pathology

Genetics

Research

Management

Do you Know – Complete **Target High & PR Yadav Solution LIVE batch** coming soon with 1 yr. validity till NORCET 8

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“5 & 6 July”

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Ashok Sahu Sir



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JUMBO CLASS Rapid Revision Subject Name: 12. SOCIOLOGY

Subject 12 SOCIOLOGY



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JUMBO CLASS Rapid Revision Subject Name: 12. SOCIOLOGY

Q. Who is considered the father of sociology?

- A) Karl Marx
- B) Max Weber
- **C) Auguste Comte**
- D) Emile Durkheim



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JUMBO CLASS Rapid Revision Subject Name: 12. SOCIOLOGY

Q. What is the difference between society and community?

- A) Society is a group of individuals, while community refers to shared interests or locality
- B) Society is larger and more complex than a community
- C) Community is defined by geographical location, society by social relationships
- **D) All of the above**



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JUMBO CLASS Rapid Revision Subject Name: 12. SOCIOLOGY

Q. Which process involves learning the norms, values, and behaviors appropriate to one's society?

- **A) Socialization**
- B) Individualization
- C) Personal disorganization
- D) Disassociation



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JUMBO CLASS Rapid Revision Subject Name: 12. SOCIOLOGY

Q. What is individualization?

- A) The process of becoming more socially integrated
- **B) The process of becoming independent and distinct from the group**
- C) The process of learning new skills
- D) The process of socialization



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JUMBO CLASS Rapid Revision Subject Name: 12. SOCIOLOGY

Q. What term refers to the breakdown of social norms and values leading to social instability?

- A) Socialization
- **B) Personal disorganization**
- C) Individualization
- D) Social integration



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JUMBO CLASS Rapid Revision Subject Name: 12. SOCIOLOGY

Q. Which of the following best describes the nature of society?

- A) Static and unchanging
- **B) Dynamic and evolving**
- C) Isolated and independent
- D) Fixed and rigid



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Which process describes the way culture is passed down from one generation to the next?

- A) Evolution
- **B) Socialization**
- C) Individualization
- D) Disorganization



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What is transcultural society?

- A) A society with only one dominant culture
- **B) A society with multiple cultures that interact and coexist**
- C) A society with no culture
- D) A society that rejects all cultural norms



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What is a primary group?

- A) A large, impersonal social group
- **B) A small, intimate group characterized by close relationships**
- C) A group formed for economic purposes
- D) A temporary social group



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Which of the following is an example of a secondary group?

- A) Family
- B) Close friends
- **C) Work colleagues**
- D) Neighbors



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JUMBO CLASS Rapid Revision Subject Name: 12. SOCIOLOGY

What is the focus of demography?

- A) The study of cultural practices
- **B) The study of population characteristics**
- C) The study of economic systems
- D) The study of political institutions



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JUMBO CLASS Rapid Revision Subject Name: 12. SOCIOLOGY

Which of the following is a major demographic characteristic?

- A) Birth rate
- B) Language
- C) Cultural practices
- D) Political affiliations



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JUMBO CLASS Rapid Revision Subject Name: 12. SOCIOLOGY

What is a nuclear family?

- **A) A family consisting of parents and their children**
- B) A family including extended relatives
- C) A family formed by remarriage of parents
- D) A family with multiple generations living together



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JUMBO CLASS Rapid Revision Subject Name: 12. SOCIOLOGY

What is a major problem faced by modern families in India?

- A) Lack of access to education
- **B) Dowry system**
- C) Overpopulation
- D) Inadequate healthcare facilities



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JUMBO CLASS Rapid Revision Subject Name: 12. SOCIOLOGY

What is social stratification?

- A) The classification of people based on their age
- **B) The hierarchical arrangement of individuals into social categories**
- C) The division of people based on their hobbies
- D) The categorization of individuals by their physical appearance



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Which term describes the movement of individuals or groups within the social hierarchy?

- A) Social stratification
- **B) Social mobility**
- C) Socialization
- D) Social disorganization



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JUMBO CLASS Rapid Revision Subject Name: 12. SOCIOLOGY

What is the Panchayat system?

- A) A national government body
- **B) A local self-government system in rural areas**
- C) A private organization
- D) A religious institution



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JUMBO CLASS Rapid Revision Subject Name: 12. SOCIOLOGY

What is a major challenge faced by urban areas in India?

- A) Lack of population
- **B) Overpopulation and urban slums**
- C) Abundance of agricultural land
- D) Excessive industrialization



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What is social change?

- A) The static nature of social structures
- **B) The alteration of social structures and cultural patterns over time**
- C) The increase in population
- D) The development of new technologies



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What is cultural lag?

- A) The rapid change in cultural practices
- **B) The delay in cultural adjustments to changing social conditions**
- C) The immediate adoption of new technologies
- D) The rejection of cultural changes



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What is social organization?

- A) The random grouping of individuals
- **B) The ordered and structured arrangement** of social relationships
- C) The study of economic activities
- D) The classification of animals



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Which type of social organization is characterized by participation and equality?

- A) Authoritarian
- **B) Democratic**
- C) Hierarchical
- D) Bureaucratic



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What is a voluntary association?

- A) A group formed by coercion
- **B) A group formed by individuals who voluntarily** come together for a common purpose
- C) A government-mandated organization
- D) A family unit



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What are the structural elements of a social system?

- **A) Role and status**
- B) Economic activities
- C) Technological advancements
- D) Geographical location



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What is social control?

- **A) The regulation of individual behavior** by social norms and institutions
- B) The random behavior of individuals
- C) The complete freedom of individuals to act
- D) The absence of social norms



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Which of the following is a formal means of social control?

- A) Norms
- **B) Laws**
- C) Customs
- D) Fashion



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JUMBO CLASS Rapid Revision Subject Name: 12. SOCIOLOGY

What is social disorganization?

- A) The efficient functioning of social institutions
- **B) The breakdown of social institutions** and norms
- C) The increase in population
- D) The development of new technologies



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Which of the following is a major cause of poverty?

- A) High levels of education
- **B) Lack of access to employment opportunities**
- C) Overabundance of resources
- D) High population growth



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

Subject 12 NUTRITION



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

Who is known as the father of nutrition and chemistry?

- **A) Antoine Lavoisier**
- B) James Lind
- C) Hippocrates
- D) Louis Pasteur



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What is a major nutritional problem in India?

- A) Overnutrition
- **B) Vitamin deficiency**
- C) Low carbohydrate intake
- D) Excess protein consumption



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

What are macronutrients?

- A) Vitamins and minerals
- **B) Carbohydrates, fats, and proteins**
- C) Water and electrolytes
- D) Fiber and phytochemicals



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

What does BMR stand for?

- A) Body Mass Ratio
- **B) Basal Metabolic Rate**
- C) Basic Macronutrient Requirement
- D) Balanced Meal Ratio



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Which of the following is a simple carbohydrate?

- A) Starch
- B) Cellulose
- **C) Glucose**
- D) Glycogen



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

What is the caloric value of carbohydrates?

- A) 2 kcal/g
- **B) 4 kcal/g**
- C) 6 kcal/g
- D) 9 kcal/g



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

What is the recommended daily allowance (RDA) for carbohydrates for an average adult?

- A) 100-150 grams
- **B) 200-300 grams**
- C) 50-75 grams
- D) 400-500 grams



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

Which food is a rich dietary source of carbohydrates?

- A) Meat
- B) Fish
- **C) Bread**
- D) Cheese



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How are carbohydrates stored in the body?

- A) As amino acids
- **B) As glycogen**
- C) As fatty acids
- D) As vitamins



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What is a common deficiency associated with inadequate carbohydrate intake?

- A) Scurvy
- B) Kwashiorkor
- **C) Hypoglycemia**
- D) Rickets



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Which metabolic process converts carbohydrates into energy?

- A) Lipolysis
- **B) Glycolysis**
- C) Proteolysis
- D) Hydrolysis



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

What is the caloric value of fats?

- A) 2 kcal/g
- B) 4 kcal/g
- C) 6 kcal/g
- **D) 9 kcal/g**



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

What is the recommended daily allowance (RDA) for fats for an average adult?

- **A) 20-35% of total daily calories**
- B) 50-60% of total daily calories
- C) 10-15% of total daily calories
- D) 5-10% of total daily calories



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Which food is a rich dietary source of unsaturated fats?

- A) Butter
- **B) Olive oil**
- C) Lard
- D) Cheese



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How are fats stored in the body?

- A) As glycogen
- **B) As triglycerides in adipose tissue**
- C) As amino acids
- D) As glucose



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

Where does fat digestion begin?

- A) Mouth
- B) Stomach
- **C) Small intestine**
- D) Large intestine



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What is the caloric value of proteins?

- A) 2 kcal/g
- **B) 4 kcal/g**
- C) 6 kcal/g
- D) 9 kcal/g



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What is the recommended daily allowance (RDA) for proteins for an average adult?

- **A) 10-15% of total daily calories**
- B) 20-30% of total daily calories
- C) 30-40% of total daily calories
- D) 50-60% of total daily calories



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Which food is a rich dietary source of proteins?

- A) Rice
- **B) Chicken**
- C) Butter
- D) Olive oil



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

What is a primary function of proteins in the body?

- A) Providing immediate energy
- **B) Building and repairing tissues**
- C) Storing energy
- D) Synthesizing fats



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Where does protein digestion begin?

- A) Mouth
- **B) Stomach**
- C) Small intestine
- D) Large intestine



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What is a common deficiency associated with inadequate protein intake?

- A) Night blindness
- **B) Kwashiorkor**
- C) Scurvy
- D) Anemia



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What is the unit of energy commonly used in nutrition?

- A) Joules
- B) Calories
- **C) Kilocalories (Kcal)**
- D) Watts



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What does BMI stand for?

- A) Basal Metabolism Index
- **B) Body Mass Index**
- C) Body Measurement Indicator
- D) Basic Metabolism Indicator



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What is the primary source of energy for the body?

- A) Vitamins
- **B) Carbohydrates**
- C) Minerals
- D) Water



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परीक्षा 2024

Do you Know – Complete **Target High** & **PR Yadav Solution LIVE batch** coming soon with 1 yr. validity till NORCET 8

JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

Which vitamin is known as the "sunshine vitamin"?

- A) Vitamin A
- B) Vitamin B12
- C) Vitamin C
- **D) Vitamin D**



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

What is the recommended daily allowance (RDA) for Vitamin C for an average adult?

- A) 15 mg
- B) 60 mg
- **C) 90 mg**
- D) 120 mg



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

Which food is a rich dietary source of Vitamin A?

- A) Citrus fruits
- B) Leafy green vegetables
- **C) Liver**
- D) Whole grains



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

Which vitamin is water-soluble?

- A) Vitamin A
- B) Vitamin D
- C) Vitamin E
- **D) Vitamin C**



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

How is Vitamin B12 absorbed in the body?

- A) Through passive diffusion
- **B) By binding to intrinsic factor in the stomach**
- C) Directly through the skin
- D) Through inhalation



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

What is a common deficiency associated with inadequate Vitamin D intake?

- A) Scurvy
- **B) Rickets**
- C) Night blindness
- D) Beriberi



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

Which vitamin is synthesized by the body?

- A) Vitamin A
- B) Vitamin B12
- C) Vitamin C
- **D) Vitamin D**



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

What is the recommended daily allowance (RDA) for calcium for an average adult?

- A) 400 mg
- B) 800 mg
- **C) 1000 mg**
- D) 1500 mg



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

Which food is a rich dietary source of potassium?

- A) Bread
- **B) Bananas**
- C) Cheese
- D) Eggs



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

Which mineral is classified as a trace element?

- A) Calcium
- B) Iron
- C) Magnesium
- **D) Zinc**



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

What is the average daily requirement of water for an adult?

- A) 1-2 liters
- **B) 2-3 liters**
- C) 3-4 liters
- D) 4-5 liters



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

Which electrolyte is essential for nerve impulse transmission?

- A) Calcium
- B) Potassium
- **C) Sodium**
- D) Chloride



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

Which method of cooking helps retain most nutrients?

- A) Boiling
- **B) Steaming**
- C) Deep frying
- D) Roasting



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Do you Know – Complete **Target High** & **PR Yadav Solution LIVE batch** coming soon with 1 yr. validity till NORCET 8

JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

Which method is commonly used for food preservation?

- **A) Fermentation**
- B) Blanching
- C) Microwaving
- D) Simmering



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

Which food group provides the body with energy?

- A) Proteins
- **B) Carbohydrates**
- C) Vitamins
- D) Minerals



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JUMBO CLASS Rapid Revision Subject Name: 13. NUTRITION

What is the recommended daily allowance (RDA) for dietary fiber for an adult?

- A) 5-10 grams
- B) 10-15 grams
- **C) 20-30 grams**
- D) 40-50 grams



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JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

Subject 13 PSYCHOLOGY



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Do you Know – Complete **Target High** & **PR Yadav Solution LIVE batch** coming soon with 1 yr. validity till NORCET 8

JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

Who is considered the father of modern psychology?

- A) Sigmund Freud
- **B) Wilhelm Wundt**
- C) Carl Jung
- D) John Watson



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JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

What is the function of neurons in the nervous system?

- A) To produce hormones
- **B) To transmit information throughout the body**
- C) To store energy
- D) To regulate temperature



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JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

Which part of the brain is responsible for higher cognitive functions?

- A) Cerebellum
- B) Brainstem
- **C) Association cortex**
- D) Spinal cord



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JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

What does cognition refer to?

- A) Physical movement
- **B) The process of thinking and understanding**
- C) Emotional response
- D) Sensory input



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JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

What is perception?

- A) The ability to memorize information
- **B) The process of organizing and interpreting sensory information**
- C) The response to emotional stimuli
- D) The execution of motor skills



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Do you Know – Complete **Target High** & **PR Yadav Solution LIVE batch** coming soon with 1 yr. validity till NORCET 8

JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

Which theory of learning emphasizes the role of reinforcement and punishment?

- A) Cognitive theory
- **B) Behavioral theory**
- C) Humanistic theory
- D) Psychoanalytic theory



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JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

What is the primary factor influencing memory retention?

- A) Physical exercise
- B) Sleep patterns
- **C) Rehearsal and repetition**
- D) Nutritional intake



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JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

What is motivation?

- A) A fixed trait
- **B) The internal and external factors that stimulate desire and energy in people**
- C) The response to external stimuli only
- D) A temporary state of mind



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JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

Which theory of motivation is known for the hierarchy of needs?

- A) Drive theory
- B) Incentive theory
- **C) Maslow's theory**
- D) Expectancy theory



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JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

What is self-concept?

- A) The external view of an individual
- **B) The perception and evaluation of oneself**
- C) The judgment of others
- D) The fixed personality traits



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JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

What is a common emotional response to conflict and frustration?

- A) Happiness
- **B) Anger**
- C) Indifference
- D) Relaxation



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JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

Which theory of personality is associated with Sigmund Freud?

- A) Trait theory
- **B) Psychoanalytic theory**
- C) Humanistic theory
- D) Behavioral theory



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Do you Know – Complete **Target High** & **PR Yadav Solution LIVE batch** coming soon with 1 yr. validity till NORCET 8

JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

Which assessment tool is commonly used to measure personality traits?

- A) Wechsler Adult Intelligence Scale (WAIS)
- **B) Minnesota Multiphasic Personality Inventory (MMPI)**
- C) Rorschach Inkblot Test
- D) Thematic Apperception Test (TAT)



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JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

Which stage of development is characterized by rapid physical growth and cognitive development?

- **A) Infancy**
- B) Adolescence
- C) Middle adulthood
- D) Late adulthood



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JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

What is a common psychological issue faced by elderly individuals?

- A) Hyperactivity
- **B) Dementia**
- C) Aggression
- D) Increased sensory perception



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JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

What is mental hygiene?

- A) The practice of maintaining physical cleanliness
- **B) The practice of maintaining mental health through preventive measures and healthy habits**
- C) The treatment of mental disorders
- D) The study of brain anatomy



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JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

What is a warning sign of poor mental health?

- A) Stable mood
- B) Good sleep patterns
- **C) Persistent feelings of sadness or hopelessness**
- D) High energy levels



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JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

Which test is commonly used to assess intelligence in adults?

- A) Minnesota Multiphasic Personality Inventory (MMPI)
- **B) Wechsler Adult Intelligence Scale (WAIS)**
- C) Rorschach Inkblot Test
- D) Thematic Apperception Test (TAT)



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JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

What is a characteristic of a good psychological test?

- A) Inaccuracy
- B) Unreliability
- **C) Validity**
- D) Bias



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JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

Which factor influences the development of attitudes?

- A) Genetics
- **B) Socialization**
- C) Diet
- D) Physical strength



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JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

Which type of personality is characterized by being organized, responsible, and dependable?

- A) Type A personality
- B) Type B personality
- **C) Conscientious personality**
- D) Neurotic personality



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JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

Which theory of personality emphasizes the influence of unconscious processes?

- A) Trait theory
- **B) Psychoanalytic theory**
- C) Humanistic theory
- D) Behavioral theory



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JUMBO CLASS Rapid Revision Subject Name: 13. PSYCHOLOGY

What is a common characteristic of personality disorders?

- A) Temporary mood swings
- **B) Persistent patterns of behavior that deviate from social norms and impair functioning**
- C) Rapid changes in personality traits
- D) Consistent positive behavior



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JUMBO CLASS Rapid Revision Subject Name: 14. PSYCHIATRY

Subject 14 PSYCHIATRY



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JUMBO CLASS Rapid Revision Subject Name: 14. PSYCHIATRY

What is the purpose of the Mental Health Act?

- A) To restrict patient rights
- **B) To provide a legal framework for the treatment and care of mentally ill individuals**
- C) To promote institutionalization
- D) To reduce mental health funding



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JUMBO CLASS Rapid Revision Subject Name: 14. PSYCHIATRY

Which policy focuses on integrating mental health with general health services in India?

- **A) National Mental Health Policy**
- B) National Agricultural Policy
- C) National Education Policy
- D) National Transport Policy



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JUMBO CLASS Rapid Revision Subject Name: 14. PSYCHIATRY

How is mental health nursing defined?

- A) The practice of addressing only physical health needs
- **B) The practice of promoting and maintaining mental health through therapeutic interventions**
- C) The management of financial aspects of care
- D) The use of physical restraints



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JUMBO CLASS Rapid Revision Subject Name: 14. PSYCHIATRY

Which classification system is commonly used for mental disorders?

- A) DSM
- **B) ICD**
- C) NANDA
- D) PDR



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JUMBO CLASS Rapid Revision Subject Name: 14. PSYCHIATRY

What is a defense mechanism?

- A) A physical response to danger
- **B) An unconscious psychological strategy to cope with anxiety and stress**
- C) A conscious effort to avoid work
- D) A deliberate plan to harm others



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JUMBO CLASS Rapid Revision Subject Name: 14. PSYCHIATRY

What is included in a mental status examination?

- A) Physical fitness test
- **B) Assessment of appearance, behavior, cognition, and thought processes**
- C) Financial assessment
- D) Medication compliance



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JUMBO CLASS Rapid Revision Subject Name: 14. PSYCHIATRY

What does the Mini Mental Status Examination (MMSE) assess?

- A) Physical strength
- **B) Cognitive function**
- C) Social skills
- D) Emotional stability



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JUMBO CLASS Rapid Revision Subject Name: 14. PSYCHIATRY

What is the role of EEG in mental health assessment?

- A) Measuring blood glucose levels
- **B) Assessing electrical activity in the brain**
- C) Monitoring heart rate
- D) Evaluating lung function



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JUMBO CLASS Rapid Revision Subject Name: 14. PSYCHIATRY

What is a common psychological test used in mental health assessment?

- A) Blood pressure test
- **B) Rorschach Inkblot Test**
- C) Spirometry
- D) Glucose tolerance test



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JUMBO CLASS Rapid Revision Subject Name: 14. PSYCHIATRY

Which technique involves reflecting the patient's feelings back to them?

- A) Summarizing
- B) Paraphrasing
- **C) Reflecting**
- D) Giving advice



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JUMBO CLASS Rapid Revision Subject Name: 14. PSYCHIATRY

What is the focus of cognitive-behavioral therapy (CBT)?

- A) Exploring past life events
- **B) Modifying negative thoughts and behaviors**
- C) Analyzing dreams
- D) Conducting physical examinations



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JUMBO CLASS Rapid Revision Subject Name: 14. PSYCHIATRY

What is a common symptom of schizophrenia?

- A) Increased physical activity
- **B) Hallucinations and delusions**
- C) Enhanced cognitive function
- D) Improved social skills



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JUMBO CLASS Rapid Revision Subject Name: 14. PSYCHIATRY

What is a characteristic symptom of bipolar disorder?

- A) Consistent mood
- **B) Alternating periods of mania and depression**
- C) Enhanced physical health
- D) Stable emotions



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JUMBO CLASS Rapid Revision Subject Name: 14. PSYCHIATRY

What is a common symptom of major depressive disorder?

- A) Increased energy levels
- **B) Persistent feelings of sadness and hopelessness**
- C) Enhanced social skills
- D) Improved cognitive function



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JUMBO CLASS Rapid Revision Subject Name: 14. PSYCHIATRY

What is a common symptom of generalized anxiety disorder?

- **A) Persistent, excessive worry**
- B) Enhanced social skills
- C) Increased physical health
- D) Stable emotions



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JUMBO CLASS Rapid Revision Subject Name: 14. PSYCHIATRY

What is a characteristic of obsessive-compulsive disorder (OCD)?

- A) Consistent mood
- **B) Recurrent, intrusive thoughts and repetitive behaviors**
- C) Enhanced physical health
- D) Stable emotions



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JUMBO CLASS Rapid Revision Subject Name: 14. PSYCHIATRY

What is a common characteristic of substance dependence?

- A) Occasional use of substances
- **B) Tolerance and withdrawal symptoms**
- C) Enhanced cognitive function
- D) Improved social skills



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What is the primary focus of detoxification in substance use disorders?

- A) Increasing substance use
- **B) Safely managing withdrawal symptoms**
- C) Enhancing physical health
- D) Improving cognitive function



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What is a common characteristic of borderline personality disorder?

- A) Stable relationships
- **B) Impulsivity and unstable relationships**
- C) Enhanced cognitive function
- D) Improved social skills



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What is a common symptom of anorexia nervosa?

- A) Increased body weight
- **B) Restriction of food intake and intense fear of gaining weight**
- C) Enhanced physical health
- D) Stable emotions



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What is a common symptom of attention-deficit/hyperactivity disorder (ADHD)?

- A) Stable emotions
- **B) Inattention, hyperactivity, and impulsivity**
- C) Enhanced physical health
- D) Improved social skills



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What is a common symptom of Alzheimer's disease?

- A) Stable memory
- **B) Progressive memory loss and cognitive decline**
- C) Enhanced physical health
- D) Improved social skills



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What is a common type of psychiatric emergency?

- A) Increased physical activity
- **B) Acute psychosis**
- C) Enhanced social skills
- D) Improved cognitive function



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What is the focus of the stress adaptation model?

- A) Increasing stress levels
- **B) Understanding how individuals adapt to stress and stressors**
- C) Reducing stress management techniques
- D) Promoting social isolation



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What is a key consideration in crisis intervention?

- A) Increasing stress levels
- **B) Providing immediate support and stabilization**
- C) Avoiding family involvement
- D) Reducing patient autonomy



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What is the goal of grief counseling?

- A) Increasing grief intensity
- **B) Supporting individuals through the grieving process**
- C) Promoting social isolation
- D) Reducing emotional expression



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What is a common technique used in crisis intervention?

- A) Increasing stress levels
- **B) Providing immediate emotional support and developing a safety plan**
- C) Avoiding family involvement
- D) Promoting social isolation



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What is the purpose of the Mental Health Act?

- A) To restrict patient rights
- **B) To provide a legal framework for the treatment and care of mentally ill individuals**
- C) To promote institutionalization
- D) To reduce mental health funding



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What is a right of mentally ill clients under the Mental Health Act?

- A) To be confined indefinitely
- **B) To receive treatment in the least restrictive environment**
- C) To avoid all treatments
- D) To remain isolated from society



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